## 2021-2022

## **EXERCISE SCIENCE MINOR**

Science & Health Department; School of Science, Health & Mathematics

## **MINOR REQUIREMENTS (20)**

3	EXS	350	Physical Fit Assess/Prescription
3	EXS	371	Motor Learning/Development
4	EXS	420	Physiology of Exercise Lab
4	EXS	431	Kinesiology/Biomechanics Lab
3	PED	275	Principles of Admin in EXS
Choose one:			
	PED	261	Psych/Soc of PE & Sports
3	PSY	335	Psychology of Sport

## **MAJORS AND MINORS**

- 1. All students receiving a bachelor's degree must complete one major. Students are not required to have a minor.
- 2. Bachelor degree students may choose to complete up to two (2) minors. Each added minor must require 12 unique, additional credits not part of the student's majors or other minors.
- 3. Majors and minors must be officially declared to be listed on the student's record and official transcript. To declare, change, drop or add a major or a minor, students must contact the Registrar's Office or email: <a href="mailto:registrar@asbury.edu">registrar@asbury.edu</a>
- 4. Fifty percent of the course requirements for each undergraduate major or minor must be completed as a student at Asbury University.

EXS minor; v.7/1/2021 EXSminor 2021.docx