

2018-2019

HEALTH & PHYSICAL EDUCATION GRADES P-12 MAJOR, B.S.

Science & Health Department; School of Science, Health & Mathematics

Health and Physical Education is a major that certifies a student to teach health and physical education in primary through grade twelve, as well as provide access to a variety of other job opportunities. The main reason students choose this major is to teach health and physical education in the public or private school system. Students who want to coach a particular sport in the school setting are required in many states to be employed in the school system in which they are coaching. The employment combination of teaching and coaching is a common opportunity in education today.

To graduate must complete all major requirements, foundational requirements, and additional electives needed for 124 hour minimum degree requirement.

MAJOR REQUIREMENTS (85)

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3 4 4	EXS EXS EXS	371 420 431	Motor Learning/Development Physiology of Exercise Lab Kinesiology/Biomechanics Lab
3 3 3 2 3 3	HED HED HED HED HED HED HED	231 282 299 312 322 393 400	Injury Care & Safety Community/Environ Health Contemporary Health Issues Nutrition for Health/Perform HPE in Elementary School Health Seminar Human Behaviors
3 1 3 3 3	PED PED PED PED PED PED PED	200 205 210 321 360 361 461	Intro to Coaching Coaching Practicum I Intro to Health/PE Adaptive Physical Ed Sport Skills I Sport Skills II Stats/Evaluation PE/ EXS

PLUS FOUNDATIONAL REQUIREMENTS (43)

(Foreign Language not required for B.S. HPHE majors. Degree becomes B.A. with completion of Foreign Language.))

Plus electives if needed for the 124 hour degree requirement