

2021-2022

HEALTH PROMOTION & WELLNESS MAJOR, B.S. (Online)

Science & Health Department; School of Science, Health & Mathematics

The Health Promotions & Wellness major equips students with the tools and strategies to engage and empower individuals and communities to make healthier life choices to improve and maintain their health and well-being. Students completing this major will be equipped to pursue careers in business, community, education, or other health care settings, such as employee wellness programs. Additionally, students will be prepared to pursue graduate school in related fields of study. This major combines a core program of nutrition, fitness and exercise, community health and welfare, and the prevention and control of disease. Through coursework, a capstone project, and a guided internship, students in the Health Promotions and Wellness program will learn to develop wellness programs, design community health education curriculum, and implement organizational change and capacity building for improved wellness.

To graduate must complete all major requirements, foundational requirements, and additional electives needed for 124 hour minimum degree requirement.

FOUNDATIONS (39)

(48 less 3 hours Social Science, 3 hours Math/Sci/Tech, and 3 hours Science satisfied by required major courses.)

	I Studies:							
3	NT	100	Und New Testament					
_3	OT	100	Und Old Testament					
3	TH	250	Foundations of Christian Thought					
Compo	Composition:							
3	ENG	110	College Writing II					
Choose	6 hours V	Vriting an	d/or Communication:					
3								
3								
Choose	3 hours L	.iterature:						
3								
Choose 9 hours Humanities : (Philosophy, Literature, Music/Art/Theater Appreciation)								
3								
3								
3								
Choose 3 hours History :								
3								
Choose 6 hours Social Science : (History, Sociology, Psychology, Anthropology, Economics, Political Science)								
√ 3	met by	HCA 430	requirement in major					
_3								
Choose 3 hours Mathematics:								
2								

Choose 3 hours Math/Science/Technology : ✓ 3 met by BIO 280 requirement in major						
	3 hours Science :	requirement in major				
V 3	met by BIO 100	requirement in major				

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(Major 52 + Foundations 39 + Electives 33)

MAJOR REQUIREMENTS (52)				PLUS ELECTIVES NEEDED FOR THE 124 HOUR DEGREE REQUIREMENT (33)			
3 1	BIO BIO	100 101	Biological Science Biological Science Lab	3	<u>:E KEQU</u>	IKEWENI —	
Health	Care Core	e (21)		3			
	BIO	280	Scientific & Medical Terminology	3			
3	HCA	102	Health Care Services	3			
_3 _3 _3 _3 _3 _3	HCA	201	Ethical/Legal Issues in Health Care	3			
3	HCA HCA	202 250	Faith and Care Intro to Public/Population Health	3			
3	HCA	275	Trends & Policy in Health Care				
3	HED	282	Community Environmental Health	3			
			·	3			
	Care Prof		` '	3			
3	HCA	300	Applied Statistics for Health Sciences	•			
3	HCA	430	Health Economics	3			
3 3 3 3	HCA	435	Guided Experience: Internship	3			
3	HCA	485	Capstone Project/Adv Internship	_			
Conce	ntration (1	5)					
3	HCA	320	Health Promotions & Programs I				
3	HCA	360	Health, Aging & Society				
3 3 3 3	HCA	410	Human Behavior/Health Interventions	_			
3	HCA	420	Health Promotions & Programs II				
3	HED	312	Nutrition Health & Human Performance				

Area	Hours Needed	Completed:	In Process:	Needed after current term:	Expected Graduation Date
Foundations	39				
Major	52		·		
Electives	33				