



2018-2019

## PSYCHOLOGY MAJOR, B.A.

Psychology Department; College of Arts and Sciences

Psychology is the study of human behavior and other organisms in an effort to understand and explain their behavior. Such studies include both normal and abnormal behavior, aptitude, perception, development and individual differences. Psychology seeks to explain and understand human emotions, thought patterns and motives. There are many sub-branches of psychology including social, educational, developmental, abnormal, clinical, physiological, personality, industrial, sports, and counseling psychology to name a few. At Asbury, the major is presented from a Christian worldview.

*To graduate must complete all major requirements, foundational requirements, and additional electives needed for 124 hour minimum degree requirement.*

Required Foundations Social Science Course: PSY 101

### MAJOR REQUIREMENTS (41)

__ 3	PSY	210	Social Psychology
__ 1	PSY	275	Survey of Psych Careers
__ 1	PSY	276	Writing for Behavioral Science
__ 3	PSY	315	Statistics for Behavioral Science
__ 3	PSY	341	History & Systems
__ 3	PSY	360	Abnormal Psychology
__ 3	PSY	372	Experimental Psychology
__ 1	PSY	373	Experimental Psychology Lab
__ 1	PSY	375	Integration & Vocation Seminar
__ 1	PSY	376	Pre-Professional Seminar
__ 1	PSY	475	Senior Seminar
__ 1	PSY	476	Ethical Issues in Psychology

Choose 19 hours of PSY courses 200 or higher:

[No more than 5 hours of independent study or practicum may apply toward major.]

__ 3	PSY	___	_____
__ 3	PSY	___	_____
__ 3	PSY	___	_____
__ 3	PSY	___	_____
__ 3	PSY	___	_____
__ 3	PSY	___	_____
__ 1	PSY	___	_____

### PLUS FOUNDATIONAL COURSE REQUIREMENTS (46)

#### Plus electives needed for the 124 hour degree requirement (37)

SUGGESTIONS FOR COMPLETING PSY HOURS- Not required.

Choose an emphasis as guideline for the elective hours in PSY

#### ^EQUINE FACILITATED MENTAL HEALTH CONCENTRATION (29)

__ 3	PSY	201	Developmental Psychology
__ 3	PSY	322	Equine Facilitated Mental Health
__ 3	PSY	351	Counseling I
__ 3	PSY	352	Counseling II
__ 3	PSY	472	Learning & Motivation

Choose 5 hours minimum from:

___	PSY	220	Stress Management
__ 3	PSY	320	Psych of Gender & Sexuality
__ 2-3	PSY	393	Seminar
___	PSY	435	Clinical/Counseling Practicum
___	PSY	300+	_____

Recommended 9 hours from EQM such as:

__ 3	EQM	208	Intro Therapeutic Riding
__ 3	EQM	245	Riding Instructor Cert
__ 3	EQM	300+	_____

^The Equine Facilitated Mental Health (EFMH) emphasis is separate from the Equine Studies major Facilitated Wellness Track. Equine Facilitated Wellness Track requires a dual major in Equine Studies and Psychology completing the EFMH Studies concentration (above).

#### CLINICAL/COUNSELING PSYCHOLOGY (29)

__ 3	PSY	201	Developmental Psychology
__ 3	PSY	351	Counseling I
__ 3	PSY	352	Counseling II
__ 3	PSY	452	Psychology of Personality
__ 3	PSY	462	Psychological Assessment

Choose 14 hours from:

___	PSY	220	Stress Management
__ 3	PSY	320	Psych of Gender & Sexuality
__ 3	PSY	342	Cross-Cultural Psychology
__ 3	PSY	368	Child & School Psychology
__ 3	PSY	365	Adolescence & Emerging Adult
__ 2	PSY	435	Clinical/Counseling Practicum
___	PSY	436	Research Practicum
___	PSY	300+	_____

#### CHRISTIAN COUNSELING/PSYCHOLOGY (29)

__ 3	PSY	201	Developmental Psychology
__ 3	PSY	351	Counseling I
__ 3	PSY	352	Counseling II
__ 3	PSY	442	Psychology of Religion
__ 3	PSY	445	Christian Counseling Methods

Choose 5 hours minimum from:

__ 3	PSY	220	Stress Management
	PSY	393	Seminar
__ 2-3	PSY	435	Clinical/Counseling Practicum
	PSY	300+	_____

Recommended 9 hours from:

__ 3	CM	201	Dynamics of Spiritual Growth
__ 3	PHL	361	Philosophy of Religion
__ 3	TH	340	Pastoral Theology
	PSY	300+	_____

#### CHILD PSYCHOLOGY (29)

__ 3	PSY	201	Developmental Psych
__ 3	PSY	351	Counseling I
__ 3	PSY	462	Psychological Assessment
__ 3	PSY	472	Learning & Motivation
__ 3	PSY	368	Child & School Psychology

Choose 5 hours minimum from:

__ 3	PSY	352	Counseling II
__ 2-3	PSY	435	Clinical/Counseling Practicum
	PSY	300+	_____

Recommended 9 hours from: PSY, ED, SOC, SW, or EM where courses focus on children or teens such as:

	ED	320	Exceptional Learner
	ED	338	Intro to LBD
__ 3	ED	405	Learning/Performance & Assess
__ 3	ED	428	Interventions for Differentiation
__ 3	EM	340	Children's Ministry
	PSY	365	Adolescence & Emerging Adult
	SOC	252	Juvenile Delinquency
	PSY	300+	_____

#### FORENSIC PSYCHOLOGY (29)

__ 3	PSY	340	Forensic Psychology
__ 3	PSY	351	Counseling I
__ 3	PSY	352	Counseling II
__ 3	PSY	452	Psychology of Personality
__ 3	PSY	462	Psychological Assessment

Choose 5 hours minimum from:

__ 3	PSY	342	Cross-Cultural Psychology
__ 2-3	PSY	435	Clinical/Counseling Practicum
	PSY	300+	_____

Recommended 9 hours from Natural sciences, SOC, or SW such as:

__ 3	BIO	280	Scientific/Medical Terminology
__ 3	SOC	252	Juvenile Delinquency
__ 3	SOC	300+	_____
	Science	300+	_____

#### BIOLOGICAL PSYCHOLOGY (29)

[Recommended science gen ed: BIO 201/203 (4)]

__ 3	PSY	201	Developmental Psychology
__ 3	PSY	330	Cognitive Psychology
__ 3	PSY	381	Physiological Psychology
__ 3	PSY	462	Psychological Assessment
__ 3	PSY	472	Learning & Motivation

Choose 5 hours minimum from:

__ 3	PSY	220	Stress Management
__ 2-3	PSY	435	Clinical/Counseling Practicum
	PSY	300+	_____

Recommended 8 hours from: Natural sciences, SOC, or SW such as:

	BIO	262	Human Physiology
__ 3	BIO	331	Human Anatomy
__ 3	BIO	280	Scientific/Medical Terminology
	Science	300+	_____

#### SOCIAL PSYCHOLOGY (29)

[Recommend leadership gen ed: SOC 230 (3)]

__ 3	PSY	320	Psych of Gender & Sexuality
__ 3	PSY	342	Cross-Cultural Psychology
__ 3	PSY	442	Psychology of Religion
__ 3	PSY	452	Psychology of Personality

Choose 8 hours minimum from:

__ 3	PSY	393	Seminar
__ 2-3	PSY	435	Clinical/Counseling Practicum
__ 3	PSY	300+	_____

Recommended 9 hours from SOC such as:

	SOC	312	Intercultural Relations
__ 3	SOC	341	Marriage & Family Studies
__ 3	SOC	375	Sociological Theory
__ 3	SOC	300+	_____
	or COM	251	Intercultural Communications

#### STUDENT DEVELOPMENT PSYCHOLOGY (29)

__ 3	PSY	201	Developmental Psychology
__ 3	PSY	342	Cross-Cultural Psychology
__ 3	PSY	351	Counseling I
__ 3	PSY	352	Counseling II
__ 3	PSY	365	Adolescence & Emerging Adult

Choose 5 hours minimum from:

	PSY	220	Stress Management
	PSY	320	Psych of Gender & Sexuality
__ 3	PSY	342	Cross-Cultural Psychology
__ 2-3	PSY	472	Learning & Motivation
	PSY	435	Clinical/Counseling Practicum
	PSY	300+	_____

Recommended 9 hours from COM, Leadership, UNV, or YM/EM such as:

	COM	220	Interpersonal Communication
__ 3	COM	331	GroupCommunication/Leadership
__ 3	COM	350	Organizational Communication
__ 3	UNV	320	The Peer Instructor
	YM/EM	350	Youth Ministry
	other	300+	_____

For Student Dev Psych, students strongly encouraged to pursue leadership position on campus as a Peer Educator, a TAG Coordinator or Leader, a Spiritual Life Advisor, a member of Student Government, a Practicum Counselor in the Center for Career and Calling, or another campus position deemed appropriate by the psychology faculty.