

REC 2016 7/1/2016

## RECREATION MAJOR

### MAJOR REQUIREMENTS (45) (15 Core + 30 Concentration)

__ 3	REC	112	Theories Outdoor/Exper Ed
__ 3	REC	312	Outdoor Christian Leadership
__ 3	REC	342	Recreation Programming
__ 3	REC	422	Plan/Design/Maintenance
__ 3	SPM	400	Sports Law

REQUIRED CONCENTRATION (choose one):

### RECP - PUBLIC RECREATION (30)

__ 3	HED	231	Injury Care and Safety
__ 3	PED	275	Principles of Admin in EXS
__ 1	PED	321	Adaptive Physical Ed
__ 1	REC	228	Practicum
__ 3	REC	252	Principles Church Recreation
__ 6	REC	435	Internship

Choose one Sports Skills:

__ 3	PED	360	Sport Skills I
	PED	361	Sport Skills II

Choose one PE course:

	PE	130	Beginning Horseback Riding
	PE	131	Intern Horseback Riding
__ 1	PE	280	Lifeguard Training
	PE	300	Water Safety Instructor

Choose 9 hours from Recreation courses:

	EQM	202	Stable Management
__ 3	EQM	245	Riding Instructor Cert
	EQM	251	Horse Training
__ 3	EXS	350	Physical Fit Assess/Prescript
	REC	173	Outdoor Living Skills
__ 3	REC	231	Therapeutic Recreation
	REC	362	Challenge Course Facilitation
	REC	393	Seminar

### RECA - ADVENTURE LEADERSHIP (30)

__ 3	REC	173	Outdoor Living Skills
__ 2	REC	410	Leader, Facilitator & Guide
__ 4	REC	435	Internship

### BLOCK SEMESTER

Completion of REC 112, and Proof of Lifeguard  
Certification required for participation in these five courses

__ 3	REC	270	Wilderness First Responder
__ 3	REC	271	Adventure Skills I
__ 3	REC	272	Adventure Skills II
__ 3	REC	274	Expedition Lead/Plan
__ 3	REC	275	Outdoor Ed & Stewardship

Choose one Recreation course:

__ 3	REC	231	Therapeutic Recreation
	REC	362	Challenge Course Facilitation

Choose one Administrative course:

	BU	211	Principles of Management
	COM	220	Interpersonal Communication
	COM	331	Group Comm & Leadership
	EQM	202	Stable Management
	EQM	310	Farm & Ranch Management
__ 3	PED	275	Principles of Admin in EXS
	PSY	201	Developmental Psychology
	PSY	210	Social Psychology
	SOC	252	Juvenile Delinquency
	YM	350	Youth Ministry

### MAJOR plus FOUNDATIONS requirement of (46)

Plus electives needed for the 124 hour degree requirement (33)