



2018-2019

RECREATION MAJOR, B.A.

Science & Health Department; School of Science, Health & Mathematics

Recreation is a major which focuses on the design, management, implementation and necessity of recreational activities for individuals and groups of all ages and backgrounds. It includes a broad range of activities related to camping, outdoors, leisure, sporting events, equine studies and community recreation programs. The Recreation major prepares students for positions in parks and recreation administration, facility planning and design, outdoor leadership, and recreation programming.

To graduate must complete all major requirements, foundational requirements, and additional electives needed for 124 hour minimum degree requirement.

MAJOR REQUIREMENTS (45) **(15 Core + 30 Concentration)**

__ 3	REC	112	Theories Outdoor/Exper Ed
__ 3	REC	312	Outdoor Christian Leadership
__ 3	REC	342	Recreation Programming
__ 3	REC	422	Plan/Design/Maintenance
__ 3	SPM	400	Sport Law

REQUIRED CONCENTRATION (choose one):

RECP - PUBLIC RECREATION (30)

__ 3	HED	231	Injury Care and Safety
__ 3	PED	275	Principles of Admin in EXS
__ 1	PED	321	Adaptive Physical Ed
__ 1	REC	228	Practicum
__ 3	REC	252	Principles Church Recreation
__ 6	REC	435	Internship

Choose one Sports Skills:

__ 3	PED	360	Sport Skills I
	PED	361	Sport Skills II

Choose one PE course:

	PE	130	Beginning Horseback Riding
	PE	131	Interm Horseback Riding
__ 1	PE	280	Lifeguard Training
	PE	300	Water Safety Instructor

Choose 9 hours from Recreation courses:

	EQM	202	Stable Management
__ 3	EQM	245	Riding Instructor Cert
	EQM	251	Horse Training
__ 3	EXS	350	Physical Fit Assess/Presc
	REC	173	Outdoor Living Skills
__ 3	REC	231	Therapeutic Recreation
	REC	362	Challenge Course Facilitation
	REC	393	Seminar

RECA - ADVENTURE LEADERSHIP (30)

__ 3	REC	173	Outdoor Living Skills
__ 2	REC	410	Leader, Facilitator & Guide
__ 4	REC	435	Internship

ADVENTURE LEADERSHIP BLOCK SEMESTER

Completion of REC 112, and **Proof of Lifeguard Certification**

required for participation in these five courses:

__ 3	REC	270	Wilderness First Responder
__ 3	REC	271	Adventure Skills I
__ 3	REC	272	Adventure Skills II
__ 3	REC	274	Expedition Leadership
__ 3	REC	275	Outdoor Ed & Stewardship

Choose one Recreation course:

__ 3	REC	231	Therapeutic Recreation
	REC	362	Challenge Course Facilitation

Choose one Administrative course:

	BU	211	Principles of Management
	COM	220	Interpersonal Communication
	COM	331	Group Comm & Leadership
	EQM	202	Stable Management
	EQM	310	Farm & Ranch Management
__ 3	PED	275	Principles of Admin in EXS
	PSY	201	Developmental Psychology
	PSY	210	Social Psychology
	SOC	252	Juvenile Delinquency
	SW	351	Family Life Education
	YM	350	Youth Ministry

PLUS FOUNDATIONAL REQUIREMENTS (46)

Plus electives needed for the 124 hour degree requirement (33)